THE ARLINGTON

# Thermal Bathhouse

LOCATED ON THE THIRD FLOOR

# THERMAL BATH PACKAGES

# Thermal Mineral Bath ~ \$45

Soak in Hot Springs' renown Thermal Mineral Water

# The Works ~ \$115

Thermal Mineral Water Bath & choice of 30-minute massage.

## Pamper Package ~ \$175

Thermal Mineral Water Bath, choice of 30-minute massage, and Thermal Mineral Water Facial.

# **MASSAGE THERAPY**

\$70 for 30 min

### Swedish

Relieve tension and improve circulation through gentle, flowing strokes

### **Trouble Spot**

Designed to target stubborn tension, relieve knots and restore mobility

### **Deep Tissue**

Firm pressure massage to release chronic tension and muscle tightness

### Reflexology

Targeted pressure massage to reflex points on the feet, hands, and ears.

60 min massages available Mon, Thurs and Sun

# **TREATMENTS**

# Thermal Mineral Water Facial ~ \$60

Includes cleansing, exfoliation, facial massage, mask and eye cream. 30 min.

# Thermal Water Signature Facial ~ \$110

Mineral Water Facial with addition of hand & foot massage. 45 min.

# Thermal Water Deluxe Facial ~ \$125

Mineral Water Facial, hand & foot massage, plus use of LED light, extractions and steam machine. 60 min.



Dry Sauna and Hot & Cold Packs

### **PARTY ROOM**

Pre-order refreshments and unwind together in our spacious party room. Facials, body wraps, massages and more! Available for small groups.

### **BRIDAL PACKAGES**

Expert treatments to get you ready for your big day. Book single packages or for the whole wedding party!

# **HOURS**

Monday, Thursday, Sunday
Tuesday & Wednesday (Baths Only)

Friday & Saturday

8am - 2pm
8am - 3pm
8am - 5pm

For appointment, call 501-609-2514. Walk-ins welcome, based on availability.

Hours and prices are subject to change. Reservations required.

